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## **INSTRUCTIONS for patients who will undergo a medical exam with radioactive Thallium 201**

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1. Do not come close to pregnant women or children for **2.5 days** (60 hours) after administration of the radiopharmaceutical.
2. Keep a safe distance of one meter from others, especially young women of reproductive age.
3. Avoid traveling for longer than 2 hours on public transport.
4. Drink plenty of fluids (over 2.5 liters a day).
5. Take precautions when using the bathroom.
  - *Male patients must sit when urinating.*
  - *Flush the toilet twice.*
  - *If urine gets spilled on the toilet seat for some reason, wipe it clean with absorbent paper, throw the paper in the toilet and flush twice. Wash your hands.*
6. Avoid sexual intercourse (leading to pregnancy) for **2.5 days**.

**These recommendations are even stricter when you are surrounded by young individuals in your immediate environment and especially women of reproductive age.**

**Please feel free to contact us  
for further details.**